Still Life in the Studio

With Helen Gauchat BFA(Hons)





10 - 11 April 2027

2 Day Workshop

Workshop time: 9:30am – 4pm

BDAS members $250 non-members $300

Overview

This workshop is open to all levels, from beginners to experienced painters. We all have something to learn, and just as importantly, ideas to share.

What the Workshop Will Involve

- Guided still life painting sessions
- Focus on observation (“learning to see”), composition, colour, and paint handling
- A shared still life setup for the group to interpret
- Option to introduce a second setup on Day 2 if appropriate

Approach
I'm interested in what *you* see in the still life. We'll explore drawing and composition, and gently challenge familiar habits. Many participants at BDAS may already have an established style—this workshop offers an opportunity to experiment and try new approaches.

Where helpful, I can introduce references to other artists whose work may inspire and support your direction.

For Beginners
If you're newer to painting, this is a supportive environment. I encourage you to move beyond hesitation and embrace the idea that *all is possible*—because it is.

Method
- Begin with small sketches to explore composition and ideas
- Develop your chosen approach on canvas
- Work in acrylics, allowing flexibility—changes can be made quickly and confidently

A materials list will be provided prior to the workshop (if required).

About the Artist I have been painting still life for many years and have held six solo exhibitions at Defiance Gallery, Paddington. I completed a Bachelor of Fine Arts at the National Art School (2003), followed by an Honours year at UNSW (2004). I was, and remain, a mature-age student.



To book contact BDAS -

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BDASworkshops
Bowral & District Art Society Inc.

This workshop will take place in Studio 1,1 Short Street, Bowral